

WHO AM I?

1. What activities in your life give you the greatest sense of accomplishment?

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2. What are your primary sources of motivation?

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3. What are your most immediate needs?

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4. What goals do you want to accomplish in the next 12 months?

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5. If you could have any job or position you wanted, what would you do?

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6. List some of your past achievements.

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7. If you could live your life again, what changes would you make?

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8. What have you done in the past to improve yourself?

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9. What advantages do you have that others don't?

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10. What factors in your past have contributed most to your own development?

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11. How do you visualize your future?

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12. What do you consider to be your greatest strengths?

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13. What three skills or talents will be most responsible for your future success?

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How do you plan to improve them in order to achieve your goals?

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14. What is the single greatest weakness you have identified that could keep you from achieving the progress you seek?

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What is your plan to strengthen or minimize this weakness?

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15. When it comes to achieving your main goal in life, what are your greatest threats you have identified that could prevent you from obtaining the goal?

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What is your plan to eliminate these risks?

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16. When it comes to achieving your main goal in life, what are your biggest opportunities?

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How will you go after, take advantage of and expand on these opportunities?

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17. Who do you consider to be the most successful person you have ever met? Why?

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18. Who among your acquaintances:

Encourages you most?

Cautions you most?

Discourages you most?